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A B S T R A C T

Swimming goggles improved so that a visual line of a swimming goggles wearer may be easily directed forward during competitive swimming. Each lens of swimming goggles is divided into an intermediate section extending across the lens at a generally middle level as viewed in a vertical direction, an upper section lying above the intermediate section and a lower section lying below the intermediate section. The intermediate section presents a see-through clarity lower than those presented by the upper section and the lower section.